

interatletika

PRODUCTION AND SALE OF SPORTS EQUIPMENT

CUSTOMER SUPPORT



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STRENGTH EQUIPMENT

U-POWER



**RELIABILITY
AND DURABILITY**
Robust construction
for heavy-duty use



EFFECTIVE TRAININGS
Maximum effectiveness due to
well-thought-out biomechanics of
movement



**SIMPLE ASSEMBLY AND
MAINTENANCE**
Easy installation
and convenient maintenance



DATA SHEET



Manufacturer:
Company Sporttehnika LLC
14001, Ukraine, Chernihiv,
Ivana Mazepy Str., 78.

GENERAL INFORMATION

- Introducing the U-Power series of exercise machines, which combines maximum workout effectiveness with user comfort. This series is designed for commercial use and is the result of the painstaking work of designers and engineers who sought to create a product that meets the highest user standards.

SAFETY PRECAUTIONS

- **WARNING!** Please, read all the instructions before using the equipment. These instructions were provided to safe and protect you as well as the equipment.
- The equipment must be installed to be used at the place where access and supervision are specifically controlled by the owner.
- Do not allow children under 12 years of age to access the equipment without supervision. Persons with disabilities, individuals with special needs, and children 13 years of age and older must be closely supervised by qualified personnel.
- The owner is required to follow all safety, operation, and maintenance instructions.
- The owner is required to train users in the safe and proper use of the equipment and to ensure that warning signs and instruction labels are present and clearly visible. Users must familiarize themselves with these signs and instructions before using the equipment.
- Use the equipment on a firm and level surface, ensuring there is sufficient free space around each piece of equipment for safe use and passage—60 cm. The recommended distance from walls, furniture, and other interior objects is 1.0 meter.
- Do not move the equipment by the cushions, backrests, or seats.
- Do not place sharp or heavy objects on the cushions, backrests, or seats.
- Do not use the equipment outdoors or in damp areas.
- Avoid exposing the equipment to direct sunlight.
- Inspect the equipment before each use. Do not continue to operate the equipment if it is not functioning properly. If you notice any signs of malfunction, contact technical support.
- Use the equipment only as intended, following the instructions. Any other use of the equipment is considered improper and dangerous.
- Wear appropriate athletic clothing and footwear for workouts. Do not wear jewelry.
- Before starting your workout, warm up to prevent injuries.
- Be careful when sitting down or standing up from the equipment. Keep your hands, limbs, clothing, and long hair away from moving parts.
- Do not overdo it or exercise to the point of exhaustion. If you feel pain or experience unusual symptoms, stop exercising immediately and consult a doctor.
- **WARNING!** Failure to follow safety precautions may result in serious injury.

FOR NOTES:

DATA SHEET

- Install the equipment on a firm, level surface and ensure there is sufficient clearance for safe use and passage – 60 cm.
- Check that the equipment is in good working order, that the fastenings are secure, and that there is no damage – if there is any damage or malfunction, use of the equipment is prohibited!
- Consult a doctor regarding the feasibility and safety of performing the exercises.
- Familiarize yourself with the safety precautions for using the equipment.
- Warm up before starting your workout – a set of exercises to warm up your muscles, in order to prevent injuries and increase the effectiveness of your workout.
- Adjust the position of the levers and pads to your own body measurements.
- Select a resistance level appropriate for your physical capabilities.
- Perform exercises according to the instructions posted on the equipment.
- Keep the equipment clean.
- Perform regular maintenance.

TECHNICAL MAINTENANCE

- All maintenance work must be performed on a regular basis.
- Regular maintenance ensures the safe and proper operation of the equipment.
- The manufacturer is not responsible for performing regular maintenance.
- Maintenance must be performed by qualified service personnel.
- If malfunctions or excessive noise are detected during operation, the equipment must be taken out of service.

Maintenance schedule

DAILY	• Clean the equipment: frames, handles, pads. • Check that the equipment is working properly and that all fasteners are secure.
WEEKLY	• Check the condition of threaded connections—tighten if necessary. • Check cable tension and ensure there is no damage or wear. • Clean and lubricate the load block guides. • Check for the presence of instruction labels.
MONTHLY	• Check the operation of bearings and swivel heads – lubricate if necessary. • Test the equipment by applying maximum load for 5 minutes. • Inspect the integrity of frames and moving levers.
ANNUALLY	• Replace the pads – if necessary. • Replace plastic parts – if necessary. • Replace bearings – if necessary. • Replace the cable – if necessary.

- Follow safety precautions when performing maintenance.
- To clean surfaces, use a mild solution of warm water and soap with a clean, lint-free cloth. Paper towels are not recommended.
- To clean chrome parts, use a special chrome cleaner.
- **DO NOT use** acid- or chlorine-based cleaning agents, or products containing abrasives, alcohol, ammonia, solvents, or other chemicals.
- To lubricate the guides and swivel heads, use a silicone lubricant spray. Before lubricating, remove any remaining dirt with a dry cloth.
- **DO NOT use** petroleum-based lubricants or motor oils for lubrication—they cause rapid dirt buildup and make the parts prone to sticking.



WARRANTY OBLIGATIONS

Part	Warranty term
Welded constructions	60 months
Mechanical parts (bearings, rotary joins, rows, axis, etc.)	24 months
Cable pulley system (drive cable and cable pulleys)	12 months
Soft parts/Upholstery	12 months
Hardware/Plastic	12 months
Paint and coating of metal structures	12 months
Electroplating coating	6 months
Other elements not mentioned above	12 months

- Warranty obligations from the manufacturer are provided just in case of buying new machines.
- The warranty period begins on the date of purchase or, in the absence of sales documentation, on the date of manufacture.
- During the warranty period, the manufacturer will repair or, if repair is not possible, replace the equipment in the event of a manufacturing defect, provided that the owner has complied with the safety, operating, and maintenance instructions.
- Warranty repairs are performed at the equipment's location. If warranty repairs cannot be performed at the equipment's location, the equipment is sent to the manufacturer for repair—transportation and insurance costs are borne by the buyer.

The manufacturer assumes no warranty liability in the following cases:

- **mechanical damage to equipment, components, assemblies, and mechanisms;**
- **modifications to the exercise machine's design or use of the machine for purposes other than those intended;**
- **failure to follow safety and operating instructions;**
- **improper transportation, storage, or installation;**
- **violation of maintenance rules;**
- **damage to equipment resulting from natural, man-made, or social emergencies, as well as unlawful intentional or negligent actions by individuals intended to cause harm.**



When purchasing products, check the following:

- **the item is complete and in good working order;**
- **a data sheet is included;**
- **the equipment bears the manufacturer's technical inspection marks.**



IN THE EVENT OF EQUIPMENT MALFUNCTIONS, THE BUYER MUST CONTACT THE SELLER DIRECTLY AT THE LOCATION WHERE THE GOODS WERE PURCHASED, SUBMITTING A CLAIM THAT MUST INCLUDE::

- A DETAILED DESCRIPTION OF THE SYMPTOMS, CAUSES, AND CIRCUMSTANCES UNDER WHICH THE MALFUNCTION OCCURRED.
- VISUAL EVIDENCE (PHOTOS/VIDEO RECORDING) OF THE DEFECTIVE EQUIPMENT, COMPONENT, OR MECHANISM.
- CONDITIONS AND LOCATION OF USE.
- CONTACT INFORMATION OF THE BUYER/OWNER.

THE PURCHASE RECEIPT AND PRODUCT PASSPORT MUST BE ATTACHED TO THE CLAIM.
SERVICE CENTER: 08293, Ukraine, Kyiv Oblast, Bucha, 17b Institutskaya St. (+38 (095) 273-81-53)

PRODUCT INFORMATION

№	Product code	Name	Weight, kg	Length, mm	Width, mm	Height, mm	Loading block, kg	MAX loading, kg
1	UP101	Lat Pull Down	216	1274	636	2221	105	105
2	UP102	Low Row	210	1719	997	1906	100	100
3	UP103	Cable Crossover	456	3956	1004	2376	2x100	2x50
4	UP105	Triceps Extension	238	871	1138	1506	100	45
5	UP106	Biceps Curl	219	1097	1115	1506	100	45
6	UP107	Leg Extension	241	994	1145	1506	100	70
7	UP108.1	Leg Curl	216	1585	1074	1506	100	70
8	UP109	Hip Adductor-Abductor Combo	271	1864	735	1506	100	70
9	UP110	Calf Raise	234	1359	1080	1506	100	240
10	UP112	Seated Row	225	1252	1188	1506	100	80
11	UP113	Lateral Raise	243	958	1137	1506	100	70
12	UP114	Hip Abductor	263	1704	735	1506	100	70
13	UP115	Hip Adductor	264	1704	1503	1506	100	70
14	UP116	Abdominal	236	816	1252	1557	100	50
15	UP116.1	Abdominal	230	1362	1204	1506	100	30
16	UP117	Rotary Torso	222	880	1301	1506	100	40
17	UP118	Lat-Row	252	2147	636	2221	105	105
18	UP122	Pectoral Fly	256	832	1555	1506	100	70
19	UP124	Butterfly/Rear Deltoid	232	1412	629	1834	100	30
20	UP125	Assisted Pull-Up/Dip	283	1109	1476	2430	105	-95
21	UP127	Shoulder Press	256	1292	1421	1506	100	100
22	UP128	Incline Press	257	1080	1414	1607	100	100
23	UP129	Chest Press	255	1170	1422	1506	100	100
24	UP130	Single Cable Crossover	215	964	1004	2291	100	50
25	UP131	Gluteus Machine	225	1090	1179	1506	100	50
26	UP141	Leg Press	372	1958	1005	1906	150	160

Maximum user's weight	130 kg
Country of manufacturer	Ukraine
Temperature indoors	from 10° C till 30° C
Humidity indoors	from 30 % till 80 %
• <i>The manufacturer reserves the right to make changes to the product at any time without notifying anyone of such changes.</i>	

GENERAL VIEW

UP101



UP102



UP103



UP105



UP106



UP107



UP108.1



UP109



UP110



UP112



UP113



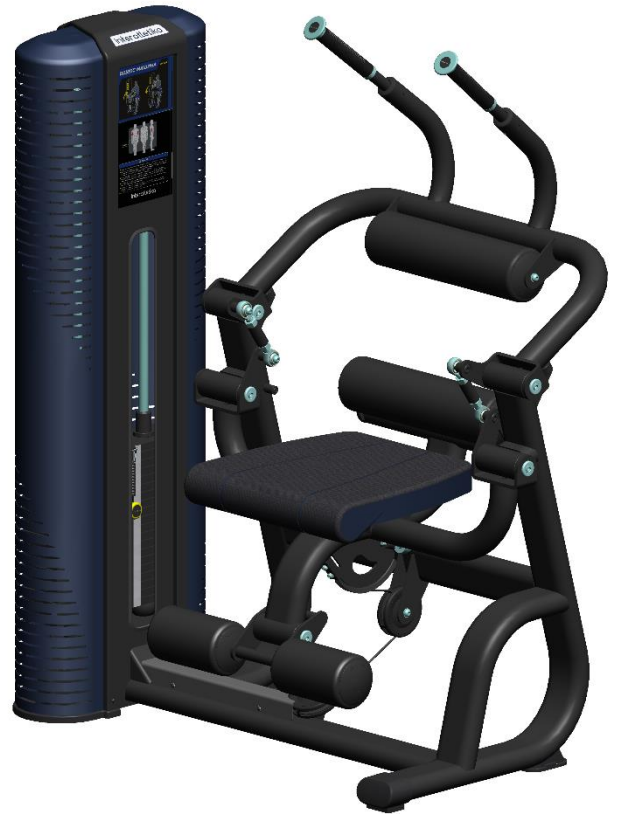
UP114



UP115



UP116



UP116.1



UP117



UP118



UP122



UP124



UP125



UP127



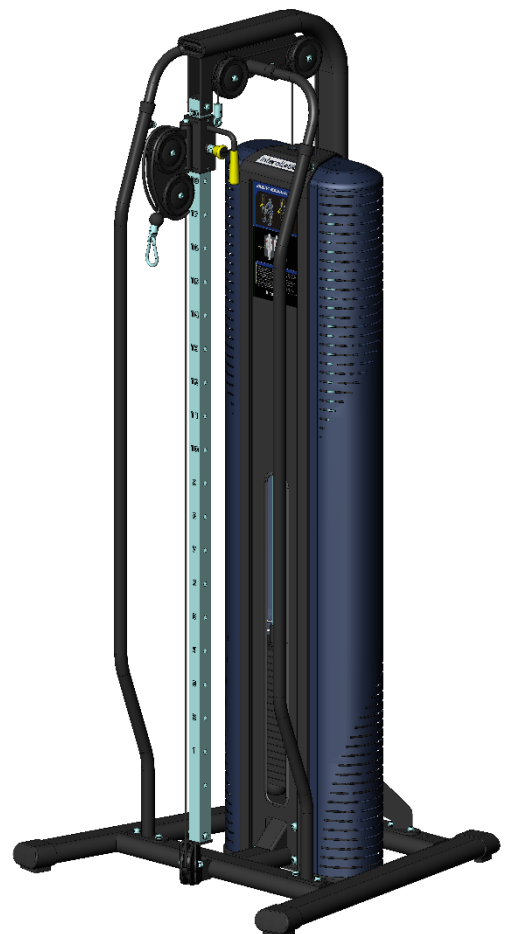
UP128



UP129



UP130



UP131



UP141

